



# GOLD COUNTRY CLASSIC 2009 FINAL SCHEDULE

For more information on the Gold Country Classic, including directions and Hotel information, be sure to visit [www.GoldCountryClassic.com](http://www.GoldCountryClassic.com).

## SATURDAY, February 14<sup>TH</sup>

### 1<sup>st</sup> SESSION – Women's Level 7

- 7:30 Gym Opens
- 8:00 Open Stretch
- 8:20 March In
- 8:30 Warm Up 1<sup>st</sup> Event

### 2<sup>nd</sup> SESSION – Women's Level 8, 9 & 10

- 12:00 Open Stretch
- 12:20 March In
- 12:30 Warm Up 1<sup>st</sup> Event

### 3<sup>rd</sup> SESSION – Men's Elite/NCAA (UC Berkeley, Stanford, Norwegian Junior & National Teams, Canadian Elites and Level 10's who what to be scored with NCAA rules)

- 5:00 Open Warm Up
- 7:00 Competition Begins

## SUNDAY, February 15<sup>th</sup>

### 4<sup>th</sup> SESSION – Men's Level 5 (Traditional Competition Format)

- 7:30 Gym Opens
- 8:00 Open Stretch
- 8:20 Start Timed Warm Up
- 9:30 March In / Competition Begins

### 5<sup>th</sup> SESSION – Men's Levels 6 & 7 (Traditional Competition Format)

- 12:00 Open Stretch
- 12:20 Start Timed Warm Up
- 1:30 March In / Competition Begins

### 6<sup>th</sup> SESSION – Men's Levels 8, 9 & 10 (Modified Capitol Cup Competition Format)

- 4:00 Open Stretch
- 4:20 March In
- 4:30 Warm Up 1<sup>st</sup> Event

## MONDAY, February 16<sup>th</sup>

### 7<sup>th</sup> SESSION – Men's Levels 4 (Traditional Competition Format)

- 8:30 Gym Opens
- 9:00 Open Stretch
- 9:20 Start Timed Warm Up
- 10:30 March In / Competition Begins